



@boroparksandrec

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Photos

The Murfreesboro Parks and Recreation staff takes photos and videos at our programs, events or on park property. These photos or videos may be used in our brochures, advertising, or other publications. If you do not wish to be in a video or have your photo taken, please tell our photographers.

Refund Policy*

- Full refund when canceling at least 2 weeks prior to the activity, event, facility rental, program, other rentals and/or services.
- 50% refund of total fee paid when canceling or dropping out of the activity, event, facility rental, program, other rentals and/or services less than 2 weeks prior to the activity, event, etc.
- No refund day of or after start of activity, event, facility rental, or other rentals and/or services.
- Prorated fee only for passes to Sports*Com and Patterson Community Center.

*Refund policy does not apply to the Gateway Island Rentals or Cannonsburgh Village weddings.

Murfreesboro Parks and Recreation Commission

The purpose of the commission is to provide leisure recreation opportunities and facilities for all residents of Murfreesboro. The commission shall have jurisdiction over all the recreation programs, park areas, and buildings set aside for recreation in the City of Murfreesboro. Please watch the Parks and Recreation Commission meetings each month, usually the first Wednesday of every month, for the latest news and developments of Parks and Recreation.

Commission Members: Mr. D. Edwin Jernigan, Chair; Mr. Eddie Smotherman, City Council; Mr. Tim Roediger; Mr. Ricky Turner; Mr. Rick LaLance, City Council; Mr. Eddie Miller, Vice Chair; Dr. Charlie Apigian; Dr. Linda Gilbert; Dr. Gloria Bonner; and Mr. Don Turner.

Mistakes Happen...

Occasionally there may be an error in days, times, registration requirements, or fees in this brochure. When such errors do occur, the staff will do everything possible to correct the situation promptly. Check our website for the latest updates and changes: www. murfreesboroparks.com.

City of Murfreesboro Access Statement

The City of Murfreesboro does not exclude anyone from participation nor deny the benefits of or otherwise subject to discrimination on the basis of race, national origin, color, age, or disability. Any complaint alleging discrimination may be filed with the City Manager of the City of Murfreesboro.

It is the goal of Murfreesboro Parks and Recreation Department to make its programs and facilities available to the public. If you or someone you know has a disabling condition and would like more information about accessibility of programs or facilities, call the main office of the Murfreesboro Parks and Recreation Department at 615-890-5333 or TDD 615-849-2689.

Any city resident needing financial assistance to participate in any activity may contact the main office of the Murfreesboro Parks and Recreation Department, located at 697 Veterans Parkway, to receive a copy of its financial assistance policy.

Administration 615-890-5333

Nate Williams, Director - nwilliams@murfreesborotn.gov Thomas Laird, Assistant Director - tlaird@murfreesborotn.gov Rachel Singer, Assistant Director - rsinger@murfreesborotn.gov Cindy Nance, Finance/Personnel - cnance@murfreesborotn.gov

Aquatics, Sports*Com 615-895-5040 Aquatics, Patterson 615-893-7439

Kyle Goss - kgoss@murfreesborotn.gov Carrie Stafford - cstafford@murfreesborotn.gov Cody Saffel- csaffel@murfreesborotn.gov aquatics@murfreesborotn.gov

Athletics 615-907-2251

Brittany Garrett- bgarrett@murfreesborotn.gov Michael Philpott - mphilpott@murfreesborotn.gov Sami Hull - shull@murfreesborotn.gov John Teichman - jteichman@murfreesborotn.gov

Adams Tennis Complex 615-546-4000

Gary Arbit, Facility Supervisor - garbit@murfreesborotn.gov Cayce Neal, Facility Coordinator - cneal@murfreesborotn.gov Beth McDaniel, Asst. Facility Coord. - bmcdaniel@murfreesborotn.gov John Kreis, Tennis Pro- jkreis@murfreesborotn.gov

Bradley Academy 615-962-8773

Vonchelle Stembridge, vstembridge@murfreesborotn.gov

Cannonsburgh Village 615-890-0355

Shelia Hodges - shodges@murfreesborotn.gov

Community Parks 615-642-1103

Becki Johnson - bjohnson@murfreesborotn.gov

Cultural Arts

Performing Arts & Washington Theater

Susan Hicks, **615-642-3148** shicks@murfreesborotn.gov

Visual Arts

Lisa Browning **615-801-2467**

lbrowning@murfreesborotn.gov

Deb Hunter **615-801-2606**

dhunter@murfreesborotn.gov

Marketing 615-809-4866

Melinda Tate- mtate@murfreesborotn.gov

McFadden Community Center 615-893-1802

Michael Philpott - mphilpott@murfreesborotn.gov Tamika Currie - tcurrie@murfreesborotn.gov

Outdoor Murfreesboro

Natural Resources 615-893-2141

Kristin Hopkins - khopkins@murfreesborotn.gov, Greenway, Wetlands and Trails

Wilderness Station 615-217-3017

Eric Fann - efann@murfreesborotn.gov Hailey Meyer- hmeyer@murfreesborotn.gov outdoormurfreesboro@murfreesborotn.gov

Patterson Park Community Center & The Washington Theatre 615-893-7439

Gernell Jenkins, Superintendent-gjenkins@murfreesborotn.gov Derek Blake, Facility Supervisor, dblake@murfreesborotn.gov Pierre Lyons, Facility Coordinator

plyons@murfreesborotn.gov

Chad Hill, Fitness/Wellness - chill@murfreesborotn.gov Heather Mullican- hmullican@murfreesborotn.gov Crystal Ellis-McFerrin, Program Coordinator

cellis@murfreesborotn.gov

Susan Hicks, Performing Arts - shicks@murfreesborotn.gov

St. Clair Street Senior Center 615-848-2550

Mark Owens, Superintendent - mowens@murfreesborotn.gov

Sports*Com 615-895-5040

Bart Fite, Superintendent - bfite@murfreesborotn.gov Tommy Gregory, Operations - tgregory@murfreesborotn.gov Sarah Skinner, Asst. Facility Coord.- sskinner@murfreesborotn.gov Allison Davidson, Fit/Well - adavidson@murfreesborotn.gov

Youth Development 615-893-1802

Priscilla Murray - pmurray@murfreesborotn.gov

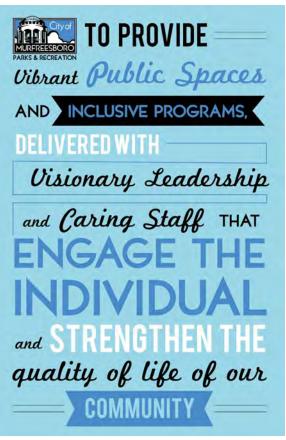
Photography

Jim Davis - jbdavis@murfreesborotn.gov

Parks and Recreation website

www. murfreesboroparks.com

Our Mission



Facility Passes Patterson Park Community Center and Sports*Com

	Daily	30 Visits	Monthly	Yearly	Family Yearly
Adults	\$4	\$65	\$35	\$300	\$500
Adults (City Resident)	\$4	\$60	\$30	\$270	\$450
Military, Youth, & Seniors	\$3	\$50	\$25	\$200	Not available
Military, Youth, & Seniors (60+) (City Resident)	\$3	\$45	\$20	\$180	Not available

Adams Tennis closes at 2:00 pm on July 4. All other facilities are closed on July 4. MPRD Administrative offices at Barfield will be closed Friday, July 3.

Facility Pass includes admission to both Sports*Com and Patterson Park Community Center, including aerobic classes, water exercise classes, indoor pool, gym, track and weight room. It does not include fee-based classes.

Boro Beach (Sports*Com outdoor pool) requires a separate pass for admission.

For information on the financial assistance policy and facility rental fees, please call the Murfreesboro Parks and Recreation office at 615-890-5333.

30 Visits = 30 daily visits over a 1-year period from date of issue.

Monthly = Unlimited daily visits for 30 days from date of issue.

Yearly = Twelve months from date of issue

Family Pass = The household yearly pass includes admission to Sports*Com and Patterson Park Community Center. Household passes are designed for parents, or parent with dependent children 17 years or younger

(22 years or younger if full-time student).



Patterson Park Community Center 615-893-7439

521 Mercury Boulevard, Murfreesboro, TN 37130

Located at Patterson Park in the central area of Murfreesboro. Amenities include: two gymnasiums, theatre, indoor water park, game room, conference center, 1/8 mile track, wellness center, aerobics studio, dining room and library. Meeting rooms are available to rent seven days a week, and pool rentals are available on weekends.

Hours: Monday - Friday 6:00 am-9:00 pm

Saturday 8:00 am-5:00 pm Sunday 1:00 pm-5:00 pm

Sports*Com 615-895-5040

2310 Memorial Boulevard Murfreesboro, TN 37129

Sports*Com is located at McKnight Park in the northern area of Murfreesboro. Amenities include a gymnasium, 1/16 mile track, aerobics area, fitness equipment, meeting room, 25-yard indoor pool, outdoor pool with 50-meter lap lanes, slides, play feature, rock wall, diving board, and 4 sand volleyball courts. The pools are available for rental on weekends, and the meeting rooms are available seven days a week.

Hours: Monday - Friday 6:00 am-9:00 pm

Saturday 8:00 am-5:00 pm Sunday 1:00 pm-5:00 pm

Adams Tennis Complex 615-546-4000

925 Golf Lane Murfreesboro,TN 37129



The facility hosts 8-indoor courts in addition to the existing 24-outdoor courts located in Old Fort Park.

Hours: Monday-Thursday 8:00 am-9:00 pm

Friday 8:00 am-9:00 pm Saturday 8:00 am-5:00 pm Sunday 11:00 am-5:00 pm

Barfield Crescent Park 615-890-5333

697 Veterans Pkwy. Murfreesboro, TN 37128

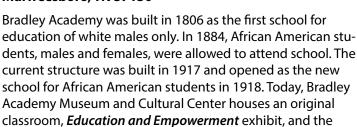


Barfield Crescent Park is a 430-acre community park located in the southern area of Murfreesboro. Some of the amenities are: 2 playgrounds, walking/jogging trails, disc golf course, volleyball net, horseshoes, and tetherball. Restrooms are located between shelters 5 and 7. Pavilions 1,2,5,6,7 and 8 are available for rental seven days a week, April-October. Pavilions 3, 4, 9 and 10 are available first-come, first-serve.

Shelters No. 1,5,6,8
Seat Approx. 100 each
Shelter No. 2
Shelter No. 7
Shelters No. 3, 4, 9,10
Seat Approx. 312
Seat Approx. 312
Seat Approx. 24 each

Bradley Academy Museum and Cultural Center 615-962-8773

415 S. Academy Street Murfreesboro, TN 37130



Rental Space (available 7 days/week):

Auditorium: Seats 100-125

250 Years of Experience exhibit.

(dining area plus theatre section)

Boardroom: Seats 30-40

Hours: Tours are available Tuesday-Saturday

10 am-4:00 pm

Cannonsburgh Village 615-890-0355

312 S. Front Street Murfreesboro, TN 37129

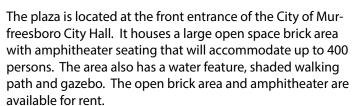
The original name of Murfreesboro, Cannonsburgh welcomes visitors to a southern-style village, circa 1800-1925.

Displays include early American trades, museums, period homes, a large collection of tractors and farm implements, visitor center and time-period gifts. The Williamson Chapel, Leeman House, Pavilion, Gazebo, and Lions Club building are available to rent.

Photographers: Taking photographs at Cannonsburgh is free; however, we do ask that you call the office and schedule an appointment, as wedding rentals are taking place year-round on the grounds.

Civic Plaza 615-893-2141

111 W. Vine Street Murfreesboro, TN 37130



Gateway Island and Trail 615-893-2141

1875 West College Street Murfreesboro, TN 37129

Gateway Island and Trail showcase

a state-of-the-art reception center, gazebo, cascading waterfalls, fountains and lake overlook. The reception center includes a catering kitchen, multipurpose room (15-20 capacity) and restrooms that are accessible to the public during park hours. Half day & full day rentals are available.

McFadden Community Center 615-893-1802

211 Bridge Avenue Murfreesboro, TN 37129

The McFadden Community Center

is on a 3-acre campus and includes a gymnasium, outdoor playground, two meeting rooms, and a game room. The gymnasium and game room are available for rental only on Saturdays and Sundays. The pavilion is first-come/first-served.

Hours: Monday-Friday, 3:00 pm-8:00 pm





McKnight Park 615-890-5333 120 DeJarnette Lane Murfreesboro, TN 37129



McKnight Park is an 81-acre community park located in the northern area of Murfreesboro. Shelter rentals April - October.

1 Picnic Shelter Seats Approx. 80

Murfree Spring Wetlands 615-890-5333 502 SE Broad Street, Murfreesboro, TN 37130



Adjacent to the Discovery Center, the 25-acre Murfree Spring Wetlands boast a boardwalk,

playground, and conservation education in the middle of the city.

Oaklands Park 615-890-5333 905 N. Highland Ave., Murfreesboro, TN 37130



This 31-acre neighborhood park surrounds Oaklands

Mansion, a historic site operated by Oaklands Association. A large picnic shelter with restrooms may be rented April - October. The park includes a walking trail, wetlands area, and playground with parking.

Old Fort Park 615-890-5333 1024 Golf Lane Murfreesboro, TN 37129 Old Fort Park is a 50-acre



community park. Facilities are a picnic shelter

(with restrooms), Kids' Castle Playground, 24 outdoor tennis courts, 8 indoor tennis courts, tennis court rentals, greenway access and open play space. Restrooms are located at the shelter and are open year-round. Shelter available daily for rental, April - October.

Shelter Seats Approx. 120

Patterson Park 615-893-7439 521 Mercury Blvd. Murfreesboro, TN 37130 Patterson Park consists



of 10 acres and has a 110,000 square foot facility. Shelters, swimming pool, meeting rooms and theatre are available to rent; please call 615-893-7439. Shelter restrooms are open April - October.

Large Shelter Seats Approx. 100 **Small Shelter** Seats Approx. 50

Richard Siegel Park 615-890-5333 515 Cherry Lane Murfreesboro, TN 37129



pic-

This community park has 3 nic shelters. The 2 small shelters are first-come, first-serve. The large shelter is available for rental seven days a week, April - October. Restrooms are open year-round.

Seats Approx. 30 Shelter No. B Shelter No. C Seats Approx. 30 Shelter No. A Seats Approx. 75

Rogers Park 615-890-5333 1115 Hunt Street Murfreesboro, TN 37130



Rogers Park is a 7.5-acre park.

Shelters are available daily for rentals, April-October, with restrooms available.

Shelter No. 1 Seats Approx. 80 Shelter No. 2 Seats Approx. 45

St. Clair Street Senior Center 615-848-2550 325 St. Clair Street Murfreesboro, TN 37130



The St. Clair Street Senior Center pro-

vides a warm, caring place where those over the age of 60 can come together with other adults for services and activities that reflect shared experiences and skills, support one's needs and interests, broaden independence and maintain one's involvement in the community.

Hours: Monday - Friday 6:00 am-7:00 pm 8:00 am-5:00 pm Saturday Sunday 1:00 pm-5:00 pm

Wilderness Station 615-217-3017 697 Veterans Pkwy. Murfreesboro, TN 37128



Located in Barfield Crescent Park,

the Wilderness Station is the city's unique outdoor awareness and adventure facility. It is nestled along the edge of the woods, just a short drive past the disc golf area. Groups can camp in the primitive Backcountry Campground. Some of the amenities are: two educational classrooms, outdoor camping supplies and campsites. The retreat room is available for rental. Evening rentals and programs are based on staff availability.

Summer Hours:

Sunday 12:00-8:00 pm Monday-Saturday 8:00 am-8:00 pm

Murfreesboro Greenway System

The Murfreesboro Greenway System consists of the Stones River, Lytle Creek and Gateway trails. The greenways are available for you to enjoy nature hikes, walking, running, bicycling, or in-line skating along the 13 miles of riverside trails. Small watercraft access points are also available for paddlers to enjoy the Stones River. The Murfreesboro Greenway System connects historical sites, parks, neighborhoods and businesses; it also serves as a conservation corridor to preserve precious natural and cultural resources. Thirteen trailheads provide access to the Murfreesboro Greenway System.

Thompson Lane Trailhead 2240 N. Thompson Lane

This trailhead provides access to the historic McFadden Farm property. This was the site of one of the bloodiest engagements in the Battle of Stones River. A 60-car parking area at this northern terminus of the Murfreesboro Greenway System allows users to enter the 12-foot wide asphalt trail for walking, jogging, in-line skating, and bicycling. Access for small watercraft is available at this location.

Broad Street Trailhead 1921 N.W. Broad St.

This trailhead, located at the 84 Lumber Company, has an eight-car parking lot providing entry to the greenway. This trailhead provides a water fountain and wayside exhibit. As you travel to the west, there is a wooden overlook that provides a good view of the river.

West College Street Trailhead 1902 W. College St.

Gateway Island Reservations: 615-890-5333

Adjacent to the General Bragg Trailhead, the College Street Trailhead provides connection and access to the two-mile Gateway Trail and Island. The Island is home to a reception center and gazebo, perfect for weddings and other special events.

General Bragg Trailhead 1450 W. College Street

Some of the amenities are: a trailhead for the Stones River Greenway, picnic shelter, playground and a dog park. Restrooms are available at the shelter.

1 Picnic Shelter Seats Approx. 45

Redoubt Brannan Trailhead 1300 W. College St.

This trailhead contains 19 parking spaces. Across the street are the remains of an earthen Civil War fortification (Redoubt Brannan) that was part of the larger Fortress Rosecrans. Redoubt Brannan was used by Union troops to guard the Old Nashville Pike and L&N Railroad.

Fortress Rosecrans Trailhead 1916 Golf Lane

This historic trailhead is located just off Golf Lane inside Old Fort Park. As a supply depot, it played an important role in the Union army's advance to Chattanooga. Fortress Rosecrans was abandoned in April 1866.

Manson Pike Trailhead 1208 Searcy St.

This trailhead offers parking for 15 cars. Also, a boat ramp for small craft and a water fountain are available at this site. A short walk gives the visitor a view of the dam at Ransom's Mill

Overall Street Trailhead 410 Overall St.

This small trailhead has parking for 11 cars. This places you on the Lytle Creek portion of the Murfreesboro Greenway System.

Old Fort Park Trailhead 916 Golf Lane

Shelter Reservations: 615-890-5333

Located in Old Fort Park, this trailhead is between Kids' Castle playground and eight tennis courts. The shelter provides picnic tables and restrooms.

Cason Trailhead 1100 Cason Trail

Shelter Reservations: 615-890-5333

This addition to the Murfreesboro Greenway System follows the West Fork of the Stones River with scenic overlooks, an impressive bridge crossing, and more access to the beautiful natural settings within Murfreesboro. The trailhead is also home to the Cason Bark Park.

Cannonsburgh Village Trailhead 312 S. Front St.

This southernmost trailhead is adjacent to the restored village of Cannonsburgh and is the beginning of the Lytle Creek Trail, which passes through the most urban portion of the greenway.

North Murfreesboro Greenway

The **Central Valley Trailhead**, located approximately one-mile from Hwy 231, boasts extended parking spaces suitable for equestrian trailers. The 1.34 mile trail features two overlooks, a switchback ("s" curve) hill and a tree-top canopy offering shade.

The **Walter Hill Trailhead** is located a 1/2 mile south of Jefferson Pike on Hwy 231. This trailhead offers parking, picnic tables, and a scenic view of the Walter Hill Dam.



Better Boro Project Sports*Com Morning Running Group

People who always run alone miss out on the benefits group running offers. Better performance, expanded social circle, and improved motivation. The running community can inspire you to run a race or distance that you thought impossible while making new connections within your community and beyond.

This group will run between 3 to 8 miles for fitness and social reasons. In August those who wish will prepare for a half marathon.

Ages: Adult

Date: June 1-October 10

Days: Monday, Tuesday, Thursday and

Saturday distance running

Time: 6:05-7:00 am

Fee: \$40

Location: Monday meet in the Sports*Com

Parking Lot; running is outside.

Registration: Required at Sports*Com and

the ability to run 3 miles. Run/walk approach accepted.

Contact: Jennifer Joines, 615-893-2141

jjoines@murfreesborotn.gov

Americana Door Hanger

Let's make a Patriotic door hanger just in time for the 4th of July. These large hangtags will be the talk of your neighborhood. Materials are provided. Please call and register to save your spot. Space is limited.

Ages: Adult

Date: Thursday, July 2 **Time:** 5:30-7:30 pm

Fee: \$25

(\$5 for class + \$20 for supplies)

Location: Gateway Island

Contact: Amy Acla, 615-893-2141

aacla@murfreesborotn.gov

3rd Friday Concert Series

Bring your lawn chair, blanket, and snacks or picnic. Enjoy a free concert by Uptown Country on the front lawn of the Visitor Center at Cannonsburgh Village. Concession will not be sold; however, the Visitor Center will be open.

Ages: All ages
Date: Friday, July 17
Time: 7:00-9:00 pm

Fee: Free

Location: Cannonsburgh Village

Contact: Sheila Hodges, 615-890-0355

shodges@murfreesborotn.gov

Yoga at the Island

Yoga is a great way to wind down, especially outdoors in nature. We will meet at the beautiful Gateway Island. Yoga focuses on improving your balance and flexibility, while at the same time reducing stress. For beginning and intermediate levels.

Ages: 13+

Dates: Saturdays, July 18 & August 1

Time: 9:00 am **Fee:** Free

Location: Gateway Island **Contact:** Becki Johnson

bjohnson@murfreesborotn.gov

Clay Herb Stake Class

Herbs are great for adding flavor and pizazz to your favorite foods and bonus: they're easy to grow. Participants will learn about culinary herbs while making clay stakes to mark their herb garden at home. Each participant will make 5 stakes using herbs as impressions and clay tools. MPRD staff will fire the stakes and make them available for pickup the following week. Youth under 12 must be accompanied by an adult. Class is limited to 10.

Ages: All

Dates: Thursday, July 23

Fee: \$5

Location: Gateway Island & Reception Center **Registration:** Required at www.murfreesboroparks.com,

online registration

Contact: Deborah Hunter,

dhunter@murfreesborotn.gov

3rd Friday Concert Series

Bring your lawn chair, blanket, and snacks or picnic. Enjoy a free concert by 231 South Band on the front lawn of the Visitor Center at Cannonsburgh Village. Concession will not be sold; however, the Visitor Center will be open.

Ages: All ages

Date: Friday, August 21 **Time:** 7:00-9:00 pm

Fee: Free

Bird Nest Canvas Painting

We will paint a bird nest with little robin eggs on a black canvas. We will add mixed media to the nest to give it dimension and character. Please call and register to save your spot. Space is limited.

Ages: Adult

Date: Thursday, July 30 **Time:** 5:30-7:30 pm

Fee: \$20 (\$5 for class + \$15 for supplies)

Location: Gateway Island

Contact: Amy Acla, 615-893-2141

aacla@murfreesborotn.gov

Adult Spring Flower Mixed Media Paint Class

We will be painting and working with paper pieces to give a three-dimensional look. Come out for a fun and relaxing night. Materials are provided. Please call and register to save your spot. Space is limited.

Ages: Adult

Date: Thursday, August 13

Time: 5:30-7:30 pm

Fee: \$20 (\$5 for class + \$15 for supplies)

Location: Gateway Island

Contact: Amy Acla, 615-893-2141

aacla@murfreesborotn.gov

Bee Painting on a Wooden Slice

Let's try something different. We will be painting a bee garden scene on a slice of wood from an old tree. This piece could hang on a wall or just sit on a desk. All materials are provided. Please call and register to save your spot. Space is limited.

Ages: Adult

Date: Thursday, August 27

Time: 5:30-7:30 pm

Fee: \$20 (\$5 for class + \$15 for supplies)

Location: Gateway Island

Contact: Amy Acla, 615-893-2141,

aacla@murfreesborotn.gov

Cardboard Boat Regatta

Join in the fun with your own cardboard boat, or spend the day at the park watching captain and crews race across our pool before springing a leak. Some will sink, and others will float. That is the fun of a cardboard boat. Teams will consist of 1-4 people who must be in the boat at all times. All entries must be submitted by September 19th. Please contact Cody Saffel for a complete list of rules and regulations on boat design.

Ages: 13+

Date: Saturday, September 19

Time: 10:00 am Free: Free

Location: Sports*Com Outdoor Pool **Contact:** Cody Saffel, 615-895-5040

csaffel@murfreesborotn.gov

HOW TO REGISTER for MPRD Programs

REGISTRATION LOCATIONS

Cash, Check &
Credit Card Payments at
Sports*Com
Administrative Office
Patterson Park Community Center

REGISTER ONLINE*

www. murfreesboroparks.com Credit card payments only.

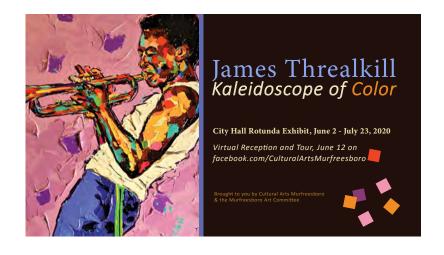
*Contact Murfreesboro Parks and Recreation during regular office hours at 615-890-5333 or email Debbie Terry at dterry@murfreesborotn.gov to receive your account information

MPRD Refund Policy

A full refund will be given when canceling at least two weeks prior to the camp, program or activity.

A 50% refund of the total fee paid will be given when canceling or dropping out of the camp, program or activity less than two weeks prior to the start of the camp, program or activity.

No refunds will be given the day of or after the start of the camp, program or activity.



SPORTS*COM INDOOR POOL SCHEDULE

General Admission: \$4 Adults & \$3 Youth, Seniors & Military

Cody Saffel, 615-895-5040 or csaffel@murfreesborotn.gov for more information

Activity	Monday, Wednesday & Friday	Tuesday & Thursday	Saturday	Sunday
Lap Swim	6:00-8:00 am 11:00 am-6:00 pm 7:00-8:45 pm	6:00-8:00 am 11:00 am-4:00 pm **7:00-8:45 pm (<i>Thursday only</i>)	9:15-4:30 pm	1:00-4:30 pm
*Shallow H2O Exercise	8:00-9:00 am 6:00-7:00 pm	8:00-9:00 am	Not available	Not available
Gentle Joints	9:00-10:00 am	Not available	Not available	Not available
Deep H20 Exercise	10:00-11:00 am	9:00-10:00 am 5:00-6:00 pm 6:00-7:00 pm	8:15-9:15 am	Not available
Individual Exercise	10:00-11:00 am	9:00-11:00 am	Not available	Not available
Open Swim	7:00-8:45 pm	**7:00-8:45 pm	Not available	Not available
Water Polo	Not available	**7:00-8:45 pm (<i>Tuesday Only</i>)	Not available	Not available
Pool Rentals	Not available	Not available	5:00-7:00 pm	5:00-7:00 pm

^{*}Might take place outside depending on weather & instructor preference.

Aquatic Class Descriptions

Shallow H2O Exercise

A moderate-to-high cardio workout, abdominals & muscle conditioning in the indoor pool, shallow end.

Gentle Joints

A perfect class for those requiring impact-free exercise while increasing strength and balance. Work through a full range of motion for flexibility benefits. Great for those with limitations such as arthritis, orthopedic problems, fibromyalgia, and for beginning exercisers. Takes place in the shallow end of the indoor pool.

Deep H2O Exercise

Knowledge of swimming is not required. Using hip flotation belts, this great workout develops aerobic endurance and muscle conditioning. Perfect for those with impact limitations!

Water Polo

Are you looking for a unique way to get an intense workout? This activity is designed for swimmers who are comfortable in the deep end of the pool. If you have never played before, we will gladly go over it all with you to let you learn at your own pace.

Ages: 13+

Dates: Ongoing Tuesdays from 7:00-8:45 pm

Location: Sports*Com Indoor Pool

Fee: \$4 Adults/\$3 Youth, Seniors & Military

Contact: Cody Saffel, 615-895-5040 csaffel@murfreesborotn.gov



^{**}Open swim on Tuesdays is limited to shallow end only during the water polo program from 7:00-8:45 pm.

PATTERSON PARK INDOOR POOL SCHEDULE

General Admission: \$4 Adults & \$3 Youth, Seniors & Military

Carrie Stafford, 615-893-7439 or cstafford@murfreesborotn.gov for more information

Activity	Monday & Wednesday	Tuesday & Thursday	Friday	Saturday	Sunday
*Lap Swim	6:00 am-12:45 pm 2:00-8:45 pm	6:00 am-12:45 pm 2:00-8:45 pm	6:00 am-12:45 pm 2:00-6:30 pm	8:00-11:00 am	1:00-4:30 Pm
Anchor Down Aqua	8:00-9:00 am	8:00-9:00 am	8:00-9:00 am	Not available	Not available
Squeaks & Creaks	9:00-10:00 am	9:00-10:00 am	9:00-10:00 am	Not available	Not available
Recreational Pool Play & Open Swim	10:00 am-12:45 pm 2:00-4:30 pm 7:00-8:45 pm	10:00 am-12:45 pm 2:00-8:45 pm**	10:00 am-12:45 pm 2:00-6:30 pm**	1:00-4:30 pm	1:00-4:30 pm
**Pool Rentals	Not available	Not available	7:00-9:00 pm **Pool closes at 6:30 pm	11:00 am-1:00 pm 5:00-7:00 pm	5:00-7:00 pm

^{*}Lap lanes may vary throughout the day and week. During aerobics, there is only one lap lane in.

Aquatic Class Descriptions:

Anchored Down Aqua

This class targets everyone with an action-packed workout for the abdominal and gluteus areas. Progressive water exercises are programmed to strengthen, define, and tone.

Squeaks 'n' Creaks

This is an arthritis-based water exercise class offering an impact-free method of exercise for affected joints and muscle groups requiring that special touch. Cardio work is not omitted from this class, making it perfect for the beginner or a back-to-fitness exerciser.

Early Bird Swim @

Sports*Com & Patterson Park Indoor Pools

There is nothing like a refreshing swim to get your day started! Take advantage of the opportunity to do just that at the Sports*Com and Patterson indoor pools. Lap lanes open in both facilities, so you may swim as many laps as you can!

Ages: All ages

Date: Ongoing on Monday- Friday

Time: 6:00 - 8:00 am

Location: Sports*Com & Patterson Park Indoor

Pools

Fee: Facility Pass

\$4 Adults/\$3 Youth, Seniors & Military

Contact: Carrie Stafford, 615-893-7439

cstafford@murfreesborotn.gov Cody Saffel, 615-895-5040 csaffel@murfreesborotn.gov



^{**}During swim lessons there is no Recréational Play until lessons are complete. During aerobics all play features will be turned off.

^{**} Water is cleared 15 minutes before each pool party is scheduled to end for cleanup time.

BORO BEACH OUTDOOR POOL (SPORTS*COM)



Boro Beach is closed for Open Swim until further notice.

Guard Start Jr. Lifeguard Camp

Are you tired of the same old summer camps? Do something unique and learn how to save lives! Become and American Red Cross Junior Lifeguard! At this camp you will learn First-Aid, CPR, water rescues, and you will be able to tell your friends you are a certified Junior Lifeguard! You will receive an official Jr. Guard Shirt. * This course does not make you CPR certified, but the basics of CPR will be taught.

Ages: 11-14

Dates: July 13-17

Days: Monday-Friday

Time: 9:00 am-12:00 pm

Fee: \$40 + \$10 activity fee

Location: Sports*Com Outdoor Pool

Contact: Cody Saffel, 615-895-5040

csaffel@murfreesborotn.gov

August Swim Time

When schools start back on August 7 we will be reducing our outdoor pool hours. The pool will be available for open swim on the following days and times:

Fridays 4:00-6:30 pm Saturdays 10:00 am-4:30 pm Sundays 1:00-4:30 pm

Tot Time at Boro Beach

Lather up the little ones in sunscreen and enjoy Tot Time at Boro Beach. Take this opportunity to enjoy the pool while the "Big Kids" are back in school. It's a chance for parents to bring their children to a less crowded 'Boro Beach. The 0' depth play features and splash pad will be up and running for your enjoyment.

Ages: 5 and under ONLY

with a paid parent or adult

Date: August 10-August 17 **Time:** 10:00 am-12:45 pm

Fee: \$7 Adults

\$5 Youth, Seniors & Military

Location: Sports*Com Outdoor Pool Contact: Cody Saffel, 615-895-5040

csaffel@murfreesborotn.gov

Please Note: Swimming area will be restricted and feature use will not include any of our three slides, diving board, lily pads or lap lanes, as this time is designed for younger swimmers and parents/quardians.

Cardboard Boat Regatta

Join in the fun with your own cardboard boat, or spend the day at the park watching captain and crews race across our pool before springing a leak. Some will sink and others will float. That is the fun of a cardboard boat. Teams will consist of 1-4 people who must be in the boat at all times. All entries must be submitted by September 19th. Please contact Cody Saffel for a complete list of rules and regulations on boat design.

Ages: 13+

Date: Saturday, September 19

Time: 10:00 am Free: Free

Location: Sports*Com Outdoor Pool Contact: Cody Saffel, 615-895-5040 csaffel@murfreesborotn.gov

Swim Lessons

According to the Center for Disease Control, there are over 3,500 drownings each year in the United States. Of those drownings, 25% are under the age of 14. Does your child know how to swim? It's never too early or late to begin thinking about aquatic safety. For information on class times, fees, and descriptions, please visit the website listed below.

Website: http://excelaquatics.org

Contact: borolessons@excelaquatics.org



Connect with us!

What are your interests? We have a page for that!

Murfreesboro Parks and Recreation

The Better Boro Project

Bradley Academy Museum

Cannonsburgh Village

Cultural Arts Murfreesboro

McFadden Community Center

Murfreesboro Athletics

Murfreesboro Greenway

Murfreesboro Patterson Park

Murfreesboro Sports Com

Miracle Field of Murfreesboro

Outdoor Murfreesboro

St Clair Street Senior Center

The Washington Theatre

Adult Coed Volleyball

The Murfreesboro Parks and Recreation Department offers both competitive and recreational coed volleyball for players. The 4's competitive league plays at Sports*Com on Thursday nights year-round along with our recreational league that plays at Patterson Park Community Center on Monday nights. Generally, players enter with established teams, but efforts will be made to assist free agents to find a team on which to play. Contact the number or email below for information on joining the league.

Ages: 16+

Date: Mondays or Thursdays year-

round

Time: Starting times vary according to

the number of teams

Fee: \$4 per player per visit or

premium pass

Location: Patterson Park or Sports*Com **Contact:** Sami Hull, 615-907-2251

shull@murfreesborotn.gov



Sports*Com Adult Basketball League

The Sports*Com Adult Basketball League is a great way for adult athletes to stay in shape, socialize and play the game. The league offers full court games, with trained officials, one day per week. Teams interested in participating in the league should call the number below. A list of interested individuals is kept, and efforts are made to assist individuals find a team.

Ages: Adults

Dates: Wednesdays

Time: Games will begin at 6:00, 7:00,

8:00 pm

Fee: \$4 per player per visit

or premium pass

Location: Sports*Com

Contact: Alex May, 615-907-2251

amay@murfreesborotn.gov

Youth Volleyball Class

Bump, set, and spike it at Sports*Com as qualified coaches give instructions on every aspect of the game. From beginners to advanced, youth volleyball players will get the opportunity to develop and refine their skills in both practice and game situations.

Ages: 8-15

Day/Time: Thursdays from 4:30-6:00 pm

Fee: \$4 per visit **Location:** Sports*Com

Contact: Sami Hull, 615-907-2251

shull@murfreesborotn.gov

Fall Adult League Softball

The Fall Adult Softball League coaches' meeting is set for July 19 at 2:00 pm at McFadden Community Center. Fall Adult Softball League is designed for adults 18 years of age and older to compete against others of similar skill. Space is limited, so please have a team representative at the coaches meeting. Both Men's and Coed Divisions will be offered.

Ages: 18+

Meeting: July 19 at 2:00 pm

League Play: Tentative start the week of August 17

Day/Time: Monday-Friday nights.

Games are doubleheaders beginning at

6:00 & 7:00 pm or 8:00 & 9:00 pm.

Fee: \$550 per team

Location: All games played at city facilities.

Contact: Sami Hull, 615-907-2251

shull@murfreesborotn.gov

Murfreesboro Adult Basketball League

The Murfreesboro Adult Basketball League is a great way for adult athletes to be competitive, stay in shape, and continue to play the game. This league offers full court games with qualified officials and scorekeepers weekly. The league is divided into two divisions; an A (competitive) division and a B (rec) division. Teams and individuals wishing to enter the league, please see contact information below.

Ages: 18+

Registration: In the month of July; games start

in August

Times: Games played at 6:00, 7:00 & 8:00 pm

Fee: \$4 per player or premium pass **Location:** McFadden Community Center,

Patterson Park and Sports*Com

Contact: Alex May, 615-907-2251

amay@murfreesborotn.gov

Fall Racquetball League

Murfreesboro Parks and Recreation offers competitive and recreational racquetball for those players who have experience with the game. The league is separated into A, B, and C divisions. Teams and individuals wishing to enter the league, please see contact information below.

Ages: 18+

Registration: August 1-31

Matches start the week of September 9

Times: Players are responsible for scheduling their

own games throughout the week after

master schedule is posted.

Fee: \$15 league entry fee & premium admission

Location: Patterson Park Community Center

Contact: Alex May, 615-907-2251

amay@murfreesborotn.gov

League Contact Information

Murfreesboro Soccer Club

www.murfreesborosoccer.com admin@murfreesborosoccer.com

League Contact Information

Murfreesboro Baseball Association

Plays at Barfield Crescent Park www.murfreesborobaseball.com registration@murfreesborobaseball.com

Murfreesboro Little League

Plays at Star*Plex in McKnight Park http://www.mborolittleleague.com/site

Stones River Kiwanis - Girls Softball

Plays at McKnight Park Ball Complex www.murfreesborosoftball.com maggie.engle09@yahoo.com

Miracle League

miracleleague@murfreesborotn.gov

Murfreesboro Soccer Club

www.murfreesborosoccer.com admin@murfreesborosoccer.com

Murfreesboro Lacrosse League

www.murfreesborolacrosse.com

Murfreesboro Pickleball League

Imidgett992@gmail.com Phone: 615-210-6176





The Adams Tennis Complex is a state-of-the-art facility with 8 indoor courts and 24 outdoor courts, locker rooms, ball machines, and a staff of certified professionals with a wealth of experience coaching players at every level of the game. We offer tennis programs the whole year-round for players of every age and level.

Juniors: There are classes for children from 4 years old through High School, of all skill levels, offered Monday through Thursday afternoons and Saturday mornings. Classes are divided into age groups and skill levels and last anywhere from 45 minutes to 2 hours per class depending on the child's age and ability. Costs range from \$13 to \$20 per hour depending on the level and the number of classes you sign up for. There are discounts for ATC Members.

Adults: Adult Programs are also offered, including Begin Again classes, for new or returning players who haven't played recently. There are Cardio Classes for a fast paced cardio workout on the tennis court while hitting lots of balls, and Men's and Women's classes for varying ability levels. There are also singles ladders that pair you with an opponent of similar ability on a weekly basis, as well as tournaments, league play and mixers. Costs range from \$13 to \$20 per hour depending on the level and the number of classes you sign up for. There are discounts for ATC Members.



Perform Murfreesboro

Perform Murfreesboro commits to being a positive influence in the education of Theatrical Arts by providing professional quality theatre programming for children. PERFORM MURFREESBORO BELIEVES: Theatre Education helps children gain confidence in themselves in the areas of public speaking, music appreciation, dance, creative thinking, problem solving, team and leadership skills, and more. Our practice is to put more emphasis on the process rather than the final product. We believe that by focusing on a quality process, we naturally produce a quality production that will provide entertainment for the community.

Perform Murfreesboro Membership

Perform Murfreesboro Members gain access to a wide variety of programming with a \$25.00 membership fee. The membership lasts for one fiscal year (July 2019 - June 2020) and comes with many perks. Members have access to free classes in a range of subjects, are given a gift with the Perform Murfreesboro logo on it, and can sell tickets (not required) at a discounted price to Perform Murfreesboro Productions in which they are involved. Members of Perform Murfreesboro enter a unique community of artistic individuals and build confidence together while experiencing the arts.

Ages: 6 - 17 years

Fee: \$25

Location: The Washington Theatre at Patterson Park

Community Center

Register: Patterson Park, Sports*Com, or Parks and

Recreation Main Office

Contact: Susan Hicks; 615-893-7439, ext. 6104

shicks@murfreesborotn.gov

Perform Murfreesboro - Auditions

Auditions are open for everyone with age limitations for some productions. Perform Murfreesboro Membership is not required to audition for a production but is required if your child is cast in the production. Auditioning can sound like a scary experience, but we do our best to surround you with a supportive environment and make it as fun and exciting as it should be! Rehearsals are generally on Monday, Tuesday, and Thursday evenings.

Perform Murfreesboro Special

Buy Perform Murfreesboro membership and get a t shirt and one class free. Each additional class will be \$25.00. You may choose from Homeschool classes or evening classes. These classes will begin the first week of August and run thru November 12.

Clay Herb Stake Class

Herbs are great for adding flavor and pizazz to your favorite foods and bonus: they're easy to grow. Participants will learn about culinary herbs while making clay stakes to mark their herb garden at home. Each participant will make 5 stakes using herbs as impressions and clay tools. MPRD staff will fire the stakes and make them available for pickup the following week. Youth under 12 must be accompanied by an adult. Class is limited to 10.

Ages: All

Dates: Thursday, July 23

Fee: \$5

Location: Gateway Island & Reception Center

Registration: Required at www.murfreesboroparks.com,

online registration

Contact: Deborah Hunter, dhunter@murfreesborotn.gov

Stained Glass Pendant Class

During this 3-hour class local artist Fiona Dowd will help participants create their own stained glass pendant using the Tiffany stained glass technique. All supplies provided. Class offered at two times on August 5.

Ages: 16+

Dates: Wednesday, August 5 from 9:00 am-12:00 pm or

Wednesday, August 5 from 6:00-9:00 pm

Fee: \$45 (\$35 class fee + \$10 activity fee)

Location: Gateway Island

Contact: Deb Hunter, 615-801-2606

dhunter@murfreesborotn.gov

Directing Class

Have you ever wanted to take that next step and direct a theatre performance? Join us in this 12-week class where we will learn what goes into directing a show - from working with costume designers to building a set. You will learn what goes into making a show a success.

Ages: 12-high school senior **Dates:** August 3-November 9

Days: Mondays 4:00-5:00 pm

Cost: \$25 fee with Perform Murfreesboro Membership

Location: Washington Theatre at Patterson Park Community Center **Register:** Registration is required by calling to sign up for class.

Registration begins July 1 and ends August 5. Space is limited.

Contact: Susan Hicks, 615-893-7439, ext. 6104, shicks@murfreesborotn.gov



If you have ever wanted to know your vocal range, or simply improve your voice, this is the class for you! We will help you extend your range and teach you to choose music that is most suited for your voice. This class will focus on vocal technique, projection, how to read music and more. It will last approximately one semester and will meet at least 12 times. There are spots for up to 6 students in this class. Each student will participate in a music video at the end of the 12-week course.

Ages: 8-9, 10-11, 12-high school senior Dates: Mondays, August 3-November 9
Time: 4:00-5:00 pm for ages 8-9

5:00-6:00 pm for ages 10-11

6:00-7:00 pm for ages 12-high school senior \$25 fee with Perform Murfreesboro Membership

Location: Washington Theatre at Patterson Park Community Center **Register:** Registration is required by calling to sign up for class.

Registration begins July 1 and ends August 5. Space is limited.

Contact: Susan Hicks, 615-893-7439, ext. 6104, shicks@murfreesborotn.gov

Beginning Musical Theatre Dance

This class is a great introduction to classic musical theatre dance basics from jazz to tap. Each step will be demonstrated, broken down, and added to appropriate choreography to build their confidence. Your child will build a foundation of musical theatre dance steps and confidence for their next musical audition and performance. At the end of the semester the dancers will record the group choreography they have learned to share with their families. Dancers are required to have tap shoes and character shoes for each class and to wear proper dance attire or leggings and a Perform Murfreesboro t-shirt.

Ages: 10-12

Cost:

Dates: August 3-November 9

Days: Mondays 4:00-4:45 pm

Cost: \$25 fee with Perform Murfreesboro Membership

Location: Washington Theatre at Patterson Park Community Center **Register:** Registration is required by calling to sign up for class.

Registration begins July 1 and ends August 5. Space is limited.

Contact: Susan Hicks, 615-893-7439, ext. 6104, shicks@murfreesborotn.gov



Intermediate Musical Theatre Dance

This intermediate class will be a great way for your dancer to build on the basic steps they have already learned. Each week new steps, movements, and choreography will be used to add your child's musical theatre dance knowledge. Your child will have a great foundation of dance steps for their next musical performance. At the end of the semester the dancers will record the group choreography that they have learned to share with their families. Dancers are required to have tap shoes and character shoes for each class and to wear proper dance attire or leggings and a Perform Murfreesboro t-shirt.

Ages: 10-12

Dates: August 3-November 9

Days: Mondays 5:00-5:45 pm

Cost: \$25 fee with Perform Murfreesboro Membership

Location: Washington Theatre at Patterson Park Community Center **Register:** Registration is required by calling to sign up for class.

Registration begins July 1 and ends August 5. Space is limited.

Contact: Susan Hicks, 615-893-7439, ext. 6104, shicks@murfreesborotn.gov

Moana Vocal Ensembles

The Disney film "Moana" is tremendously entertaining, with stunning oceanic animation, a captivating adventure tale, a feisty heroine - and tuneful musical numbers. We will enchant our audience with this medley, which includes: How Far I'll Go; I Am Moana (Song of the Ancestors); We Know the Way; Where You Are and You're Welcome. Each age group will be learning a portion of these songs to create 3 distinct and different sections of this composition. This weekly choir will get your child excited about singing and they will enjoy learning the ins and outs of a small ensemble choir. They will dance and sing their hearts out and be harmonizing together in no time.

For Ages: 6-10
Female Vocal Ensemble

Dates/Times: Tuesdays, August 4-November10 from 4:00-5:00 pm

Mixed Vocal Ensemble

Dates/Times: Tuesdays, August 4-November 10 from 5:00-6:00 pm

Male Vocal Ensemble

Dates/Times: Tuesdays, August 4-November10 from 6:00-7:00 pm **Cost:** \$25 fee with Perform Murfreesboro Membership

Location: Washington Theatre at Patterson Park Community Center **Register:** Registration is required by calling to sign up for class.

Registration begins July 1 and ends August 5. Space is limited.

Contact: Susan Hicks, 615-893-7439, ext. 6104, shicks@murfreesborotn.gov

Costume Design Class

What Is a Costume Designer? A costume designer is in charge of designing the clothing elements worn by actors for a stage production. Costume Designers possess a similar skill set to that of traditional fashion designers, but must also satisfy the unique demands of designing clothes for theatre. From Willy Wonka's omopaloopa costumes to Hamilton's Eliza costume, designers set the tone and feel of a production. Costume designers can choose designs that span a lifetime. Join us for a 12-week course of costume design. By the end of this course, you will understand what it takes to design and try your hand at designing costumes for a future show.

Ages: 12-high school senior **Dates:** August 4-November 10

Days: Tuesdays Time: 4:00-5:00 pm

Cost: \$25 fee with Perform Murfreesboro Membership

Location: Washington Theatre at Patterson Park Community Center **Register:** Registration is required by calling to sign up for class.

Registration begins July 1 and ends August 5. Space is limited.

Contact: Susan Hicks, 615-893-7439, ext. 6104,

shicks@murfreesborotn.gov

Beginning Musical Theatre Dance

This class is a great introduction to classic musical theatre dance basics from jazz to tap. Each step will be demonstrated, broken down, and added to appropriate choreography to build their confidence. Your child will build a foundation of musical theatre dance steps and confidence for their next musical audition and performance. At the end of the semester the dancers will record the group choreography they have learned to share with their families. Dancers are required to have tap shoes and character shoes for each class and to wear proper dance attire or leggings/athletic pants and a Perform Murfreesboro t-shirt.

Ages: 13-high school senior **Dates:** August 4-November 10

Days:TuesdaysTime:5:00-5:45 pmCost:\$25 fee with

Perform Murfreesboro Membership

Location: Washington Theatre at Patterson Park

Community Center

Register: Registration is required by calling to

sign up for class.

Registration begins July 1 and ends

August 5. Space is limited.

Contact: Susan Hicks, 615-893-7439, ext. 6104,

shicks@murfreesborotn.gov

Homeschool Semiprivate Vocal Lessons

If you have ever wanted to know your vocal range, or simply improve your voice, this is the class for you! We will help you extend your range and teach you to choose music that is most suited for your voice. This class will focus on vocal technique, projection, how to read music and more. It will last approximately one semester and will meet at least 12 times. There are spots for up to 6 students in this class. Each student will participate in a music video at the end of the 12-week course.

Ages: 12-high school senior **Dates:** August 5-November11

Days: Wednesdays **Time:** 9:00-10:00 am

Cost: \$25 fee with Perform Murfreesboro

Membership

Location: Washington Theatre at Patterson Park

Community Center

Register: Registration is required by calling to sign

up for class.

Registration begins July 1 and ends

August 5. Space is limited.

Contact: Susan Hicks, 615-893-7439, ext. 6104,

shicks@murfreesborotn.gov

Intermediate Musical Theatre Dance

This intermediate class will be a great way for your dancer to build on the basic steps they have already learned. Each week new steps, movements, and choreography will be used to add to your child's musical theatre dance knowledge. Your child will have a great foundation of dance steps for their next musical performance. At the end of the semester the dancers will record the group choreography that they have learned to share with their families. Dancers are required to have tap shoes and character shoes for each class and to wear proper dance attire or leggings/athletic pants and a Perform Murfreesboro t-shirt.

Ages: 13-high school senior **Dates:** August 4-November 10

Days:TuesdaysTime:6:00-6:45 pmCost:\$25 fee with

Perform Murfreesboro Membership

Location: Washington Theatre at Patterson Park

Community Center

Register: Registration is required by calling to

sign up for class.

Registration begins July 1 and ends

August 5. Space is limited.

Contact: Susan Hicks, 615-893-7439, ext. 6104,

shicks@murfreesborotn.gov

Homeschool Theatre Homeschool Ensemble Choir

This is a weekly choir to supplement your homeschooling curriculum. Your child will enjoy learning the ins-and-outs of a small ensemble choir. They will dance and sing their hearts out! We will have them harmonizing together in no time. Choral highlights from the blockbuster animated movie "Sing." This hilarious takeoff of American Idol with cartoon animals gives us a great way to encourage our choir to take risks in life and to embrace the sheer joy of singing! This seven-minute medley includes: Don't You Worry 'Bout a Thing; Faith; Hallelujah; I'm Still Standing; Set It All Free. Friendships will be made along with great memories. Join us and experience Perform Murfreesboro!

Ages: 10-high school senior **Dates:** August 5-November11

Days: Wednesdays Time: 10:30-11:30 am

Cost: \$25 fee with Perform Murfreesboro

Membership

Location: Washington Theatre at Patterson Park

Community Center

Register: Registration is required by calling to sign

up for class. Registration begins July 1 and

ends August 5. Space is limited.

Contact: Susan Hicks, 615-893-7439, ext. 6104,

shicks@murfreesborotn.gov

Homeschool Musical Theatre Dance

This beginning/intermediate class will be a great way for your child to learn and build on the basic steps. Each week we will break down new steps, movements, and choreography which will all be used to add to your child's musical theatre dance knowledge. Your child will have a great foundation of dance steps for their next musical performance. At the end of the semester the dancers will record the group choreography that they have learned to share with their families and practice with. Dancers are required to have tap shoes and character shoes for each class. Dancers will also be required to wear a Perform Murfreesboro t-shirt, girls- to wear leggings, and boys- to wear athletic pants.

Ages: 10-high school senior **Dates:** August 5-November11

Days: Wednesdays
Time: 11:00-11:45 am
Cost: \$25 fee with Perform

Murfreesboro Membership

Location: Washington Theatre at Patterson

Park Community Center

Register: Registration is required by calling

to sign up for class.

Registration begins July 1 and ends August 5. Space is limited.

Contact: Susan Hicks,

615-893-7439, ext. 6104, shicks@murfreesborotn.gov

"Hamilton" Men Vocal Ensemble

Stirring, sentimental, and hilarious, this dynamic four-minute medley lets your tenor-bass singers explore the many emotional and musical sides of "Hamilton." Launching a revolutionary movement, navigating political hazards, discovering fatherhood, and figuring out how to say goodbye, this is a thrilling feature that they'll love. Includes: The Story of Tonight, What'd I Miss, Dear Theodosia, and One Last Time. Friendships will be made along with great memories. Join us and experience Perform Murfreesboro as we sing a small portion of songs from this popular Broadway show – with just the guys!

Ages: 10-high school senior **Dates:** August 6-November 12

Days:ThursdaysTime:4:00-5:00 pmCost:\$25 fee with

Perform Murfreesboro

Membership

Location: Washington Theatre at

Patterson Park Community Center Register: Registration is required by calling

to sign up for class.

Registration begins July 1 and ends August 5. Space is limited.

Contact: Susan Hicks,

615-893-7439, ext. 6104, shicks@murfreesborotn.gov



Makeup Class

During this 12-week course we will learn the basics of theatre makeup application, including what works best for your skin tone and what it means to come to the theatre with stage makeup applied. We will focus on foundation, contouring, blush, eyes, and false eyelash application. We will also learn to apply blood and gore and special effects with the application of prosthetics. This course is a prerequisite if you want to help backstage in the coming years.

Ages: 10-high school senior **Dates:** August 6-November 12

Days:ThursdaysTime:4:00-5:00 pmCost:\$25 fee with

Perform Murfreesboro Membership

Location: Washington Theatre at Patterson Park

Community Center

Register: Registration is required by calling to

sign up for class.

Registration begins July 1 and ends

August 5. Space is limited.

Contact: Susan Hicks, 615-893-7439, ext. 6104,

shicks@murfreesborotn.gov

Beginning Musical Theatre Dance

This class is a great introduction to classic musical theatre dance basics from jazz to tap. Each step will be demonstrated, broken down, and added to appropriate choreography to build their confidence. Your child will build a foundation of musical theatre dance steps and confidence for their next musical audition and performance. At the end of the semester the dancers will record the group choreography they have learned to share with their families. Dancers are required to have tap shoes and character shoes for each class and to wear proper dance attire or leggings/athletic pants and a Perform Murfreesboro t-shirt.

Ages: 6-9

Dates: August 6-November 12

Days:ThursdaysTime:4:00-5:00 pmCost:\$25 fee with

Perform Murfreesboro Membership

Location: Washington Theatre at Patterson Park

Community Center

Register: Registration is required by calling to

sign up for class.

Registration begins July 1 and ends

August 5. Space is limited.

Contact: Susan Hicks, 615-893-7439, ext. 6104,

shicks@murfreesborotn.gov

Boys Tap

This boy centered class will focus on beginning and intermediate tap skills. The class will learn strong poise and posture, musicality and rhythm, all while being able to move smoothly across the stage. At the end of the semester the dancers will record the group choreography they have learned to share with their families. Dancers are required to have tap shoes for each class and to wear a Perform Murfreesboro t-shirt with athletic pants.

Ages: 10-high school senior **Dates:** August 6-November 12

Days: Thursdays
Time: 5:00-5:45 pm
Cost: \$25 fee with

Perform Murfreesboro Membership

Location: Washington Theatre at Patterson Park

Community Center

Register: Registration is required by calling to

sign up for class.

Registration begins July 1 and ends

August 5. Space is limited.

Contact: Susan Hicks, 615-893-7439, ext. 6104,

shicks@murfreesborotn.gov

"Newsies" Mixed Vocal Ensemble

The Broadway musical "Newsies" is a thrilling and exuberant salute to the optimism of youth, with a melodic score by Alan Menken and rousing lyrics by Jack Feldman. Including new songs and favorites from the movie version, this medley is one your choirs and audiences will not be able to resist! Included are: Brooklyn's Here; Carrying the Banner; King of New York; Santa Fe; Seize the Day and Something to Believe In. This weekly choir will get your child excited about singing while learning the ins and outs of a mixed small ensemble choir. They will dance and sing their hearts out! We will have them harmonizing together in no time!

Ages: 10-high school senior

Dates: August 6-November 12

Days: Thursdays
Time: 5:00-6:00 pm
Cost: \$25 fee with

Perform Murfreesboro Membership

Location: Washington Theatre at Patterson Park

Community Center

Register: Registration is required by calling to

sign up for class.

Registration begins July 1 and ends

August 5. Space is limited.

Contact: Susan Hicks, 615-893-7439, ext. 6104,

shicks@murfreesborotn.gov

"Hamilton" Female Vocal Ensemble

Here's a fast-paced mini-medley that pays homage to the strong female characters in Lin-Manuel Miranda's "Hamilton!" The powerful arrangement includes a few opportunities to showcase outstanding soloists and more than enough SSA writing for all of your singers to shine! Includes: *Satisfied; Burn; Helpless and The Schuyler Sisters.* Friendships will be made along with great memories. Join us and experience Perform Murfreesboro as we sing a small portion of songs from this popular Broadway show – with just the girls!

Ages: 10-high school senior **Dates:** August 6-November 12

Days: Thursdays
Time: 6:00-7:00 pm
Cost: \$25 fee with

Perform Murfreesboro Membership

Location: Washington Theatre at Patterson Park

Community Center

Register: Registration is required by calling to

sign up for class.

Registration begins July 1 and ends

August 5. Space is limited.



Raptor Rhapsody

Have you ever looked an owl in the eye, glared at a red-tailed hawk up close, or checked out a falcon's wings? Here is your chance to get up close and personal with a live bird of prey and learn about these master predators of the sky. Rain or shine, as it will be inside during inclement/dark weather.

Ages: All ages

Days/Times: Wednesday, July 15 @ 5:00 pm

Wednesday, August 12 @ 5:00 pm

Fee: Free

Location: Wilderness Station

Contact: Wilderness Station, 615-217-3017

dthomas@murfreesborotn.gov

Snakes: Marvels of Nature

Introduce yourself to the world of snakes. This program will cover the natural history of snakes. We will discuss behavioral and community ecology, biodiversity, and conservation of snakes in Tennessee. This program would be great for college students concentrating on life sciences, young adults or people just interested in the snakes that call Middle Tennessee home. Enjoy a colorful presentation, and get a chance to see a live snake up close.

Ages: 8+

Dates: Friday, July 17 @ 7:00-8:00 pm &

Saturday, August 22 @ 3:00-4:00 pm

Fee: Free

Location: Wilderness Station **Contact:** Eric Fann, 615-217-3017

efann@murfreesborotn.gov

Now Offering Nature Painting Parties!

Schedule a custom painting party for your group! There are several subject matters to choose from, and each class takes about 2 hours. Call Bobbie Ventura at the Wilderness Station for more information and to schedule your party!

FREE Backpacks for Education!

The Greenway and Wilderness Station offer free educational backpacks for morning and afternoon checkout.

These backpacks are a great way to introduce your children or students to nature.

Themes include: birds, trees, insects and wild-

flowers.

Backpacks may be checked out at the Wilder-

ness Station at Barfield Crescent Park.

What's Up Night Hikes

Late summer nights are great for spotting owls, bats, frogs, and insects, discovering glowing eyes, and finding other fascinating critters that are active at night. Join us for discovery under the night sky. Reservations are required by calling 615-217-3017 or emailing efann@murfreesborotn.gov.

Ages: All ages

Dates: Fridays, July 17 and August 7, 14 & 28

Time: 8:00-9:00 pm

Fee: \$3 per person or \$10 per family

Location: Wilderness Station **Contact:** Eric Fann, 615-217-3017

efann@murfreesborotn.gov

Guardians of the Greenway

Help us keep our Greenway system clean! Trash pickers, bags, and gloves will be provided.

Ages: All ages

Days: Tuesdays in August

Time: 9:00 am Free: Free

Location: Tuesday, August 4 at

Cannonsburgh Trailhead Tuesday, August 11 at Manson PikeTrailhead Tuesday, August 18 at General Bragg Trailhead Tuesday, August 25 at

Thompson Lane Trailhead

Contact: Amber Pool, 615-217-3017

apool@murfreesborotn.gov

Outdoor Pavilion Craft Program

Join us for a 30-minute nature craft led by Outdoor Murfreesboro program staff. All supplies provided. Space is limited to 10 children each week, so call in advance to register. We might not be able to accommodate non-registrants.

Ages: 2-8

Days: Wednesdays in August

Time: 9:30 am **Fee:** \$2

Location: Wilderness Station

Pavilion 9, in front of the turtle pond

Contact: Outdoor Murfreesboro, 615-217-3017

outdoormurfreesboro@murfreesborotn.gov

Bird Hike

Join us for a birding hike with an experienced naturalist! Both beginner and experienced birders are welcome! A brief review of birding methods and common species will be discussed before the hike. Expect to walk up to 3 miles roundtrip on both paved and natural/rocky surfaces. Bring binoculars if you have them, or borrow some of ours!

Ages: 10+

Date: Saturday, August 8

Time: 8:00 am

Location: Wilderness Station

Contact: Emily Moorman, 615-217-3017

emoorman@murfreesborotn.gov

Animal Encounters

Join us for a short program introducing you to one of our education animals! We will talk about the animal's cool adaptations and natural history.

Ages: All ages

Dates: Saturdays, August 8, 15 & 29

Time: 1:30 pm Fee: Free

Location: Wilderness Station **Contact:** Outdoor Murfreesboro,

615-217-3017

outdoormurfreesboro@murfreesborotn.gov



Teachers, Homeschoolers & Scouts

We have added several new programs to share with your group. We can now accommodate large classes or small rotational groups. All programs are correlated with state standards or can be adjusted to satisfy badge requirements.

Contact program staff for a complete list of programs and locations at (615) 217–3017 or outdoor-murfreesboro@murfreesborotn.gov. You can also check out our website at www. murfreesboroparks. com under Outdoor Recreation.

Machine Falls Hike

Meet us at Machine Falls (we will provide address) for a guided 4 mile hike on natural surfaces. Machine Falls is one of the most stunning waterfalls in Tennessee! Bring your own water and water shoes, if you want to get close to the falls (your feet will get wet). There are two steep sections, one downhill and one uphill, but the view is well worth it!

Ages: 16+

Date: Saturday, August 15

Time: 8:00 am Fee: \$5 per person

Location: Short Springs Natural Area, Tullahoma, TN Outdoor Murfreesboro, 615-217-3017 outdoormurfreesboro@murfreesborotn.gov

Create a Walking Stick

Express your artistic side by creating your very own walking stick! We will be painting and decorating our sticks followed by a short hike here in Barfield Park.

Ages: 4+

Date: Saturday, August 15

Time: 10:00 am

Fee: \$2 per person

Location: Wilderness Station

Contact: Amber Pool, 615-217-3017

apool@murfreesborotn.gov

Adult Kayak Float

Join us for a river float! You'll be amazed at the beauty and wildlife that can be seen on this trip. Space is limited and reservations are required. All equipment and instruction are provided. Registration is required at www.murfreesboroparks.com

Ages: 16+

Date: Friday, August 21

Time: 5:00 pm **Fee:** \$15

Location: To be determined the week of the

float based on water levels.

Contact: Outdoor Murfreesboro

615-217-3017

outdoormurfreesboro@murfreesborotn.gov

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Owl Pellet Dissection

Let's discover more about the owls that call Tennessee home! We will learn about some of our native owl species and their adaptations, and then we will dissect owl pellets!



Ages: 6-

Date:Saturday, August 22Time:10:00-11:00 amFee:\$3 per owl pelletLocation:Wilderness StationContact:Eric Fann, 615-217-3017

efann@murfreesborotn.gov



Family Kayak

Grab the family and get paddling! Enjoy an adventure with your loved ones from a different point of view. Space is limited and reservations are required. All equipment and instruction are provided. Children must be at least 10 years old and accompanied by an adult. Registration is required at www.murfreesboroparks.com

Ages: 10+

Date: Saturday, August 29

Time: 10:00 am **Fee:** \$15

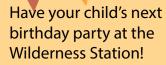
Location: To be determined the week of the float

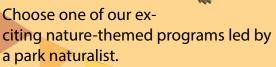
based on water levels.

Contact: Outdoor Murfreesboro, 615-217-3017

outdoormurfreesboro@murfreesborotn.gov

Birthday Parties at the Wilderness Station





Visit our website for full descriptions, pricing, and scheduling at www. mur-freesboroparks.com under Wilderness Station.

Nature Painting

Join us to do some Nature Painting at the Wilderness Station! This program is instructed by local artist Bobbie Ventura, and all supplies are included in the registration fee. Registration is required at www.murfreesboroparks.com. Click "Online Registration, then "Outdoor Murfreesboro. Registration will be limited to 5 people.

Ages: 10+

Under 13 must be

accompanied by adult.

Date: Saturday, August 29 **Time:** 10:00 am-12:00 pm

Fee: \$15

Location: Wilderness Station

Contact: Bobbie Venture, 615-217-3017

bventura@murfreesborotn.gov

MURFREESBORO GREENWAY SYSTEM



PATTERSON PARK COMMUNITY CENTER

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:15-9:15 am Metabolic Burn	8:15-9:15 am Boot Camp 8:30-9:30 am Yoga	8:15-9:15 am Metabolic Burn	8:15-9:15 am Boot Camp 8:30-9:30 am Yoga	8:15-9:15 am Metabolic Burn	
9:35-10:35 am Forever Fit	9:35-10:35 am Zumba ®	9:35-10:35 am Forever Fit	9:35-10:35 am Zumba ®	9:35-10:35 am Forever Fit	9:00-10:00 am Saturday Surprise
	10:45-11:45 am Sit & Get Fit		10:45-11:45 am Sit & Get Fit	1:00-2:00 pm Yoga	
4:20-5:20 pm Yoga	4:30-5:30 pm Strong Nation™	4:20-5:20 pm Burn 2.0	4:30-5:30 pm Strong Nation™		
5:30-6:30 pm Step-N-Sculpt	5:35-6:35 pm Thrash-N-Bash	5:30-6:30 pm Wild Wednesday	5:35-6:35 pm Cardio Kickboxing		

Group Fitness Class Descriptions

AM Boot Camp

Try this if you dare!

Burn 2.0

A more challenging Metabolic Burn using heavier weights with short bursts of cardio training.

Cardio Kickboxing

Combination of aerobics, boxing, and martial arts. Total body workout that can improve strength, cardio fitness, flexibility, coordination and balance.

Forever Fit

Specifically designed for men and women over 50. This class will improve your cardiovascular capacity, muscle strength, as well as, your flexibility.

Metabolic Burn

Short intense bouts of strength and cardio training followed by short periods of rest. This style of training helps the body burn calories and fat throughout the day.

Saturday Surprise

Start your weekend with a workout! Join us for a weekly rotation of some of your favorite classes. Scheduling will vary from month to month.

Step-N-Sculpt

Have fun while giving your heart a great workout, then sculpt key muscle groups using free weights. Abdominal work is also included in this full-body workout.

Strong Nation™

Combines body weight, muscle conditioning, cardio, and plyometric training moves synced to music designed to match each move, helping you make it to the last rep. All fitness levels welcomed!

Thrash & Bash

Full body cardio workout infused with isometric moves and strength training using drum sticks.

Wild Wednesdays

Join us for a midweek mixup! Get some variety in your workout routine with a monthly rotation of some of your favorite classes.

Yoga

A great way to wind down. Focuses on improving your balance and flexibility while at the same time reducing stress. For beginning and intermediate levels.

Zumba®

Ditch the workout...join the party! Zumba is a dynamic and FUN dance-based fitness program for everyone!

Group exercise classes are \$4/day (or facility pass). For more information: Chad Hill, C.S.C.S. 615-893-7439 chill@murfreesborotn.gov

SPORTS*COM

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:30-8:30 am Yoga (Studio B)		7:30-8:30 am Yoga (Studio B)		8:15-9:15 am Metabolic Burn	8:30-9:30 am Step/Tone
8:15-9:15 am Zumba		8:15-9:15 am Zumba		8:15-9:15 am Zumba	10:30-11:30 am Boot Camp
9:20-10:05 am RetroFit	9:15-10:15 am Total Body	9:20-10:05 am RetroFit	9:15-10:15 am Total Body	9:20-10:05 am RetroFit	
10:00 am Back to Basics		10:15 am Back to Basics			Sunday
	10:30-11:15 am Tai Chi		10:30-11:15 am Tai Chi		2:00-3:00 pm Boot Camp
5:15-6:15 pm Toning with Nikki	5:15-6:15 pm Step/Tone	6:30-7:30 pm MixxedFit ®	5:15-6:15 pm Total Body		

Group Fitness Class Descriptions

Boot Camp

High-intensity, nonstop cardio and weight bearing bootcamp workout, using any and all of our equipment-including you.

Metabolic Burn

Short intense bouts of strength and cardio training followed by short periods of rest. This style of training helps the body burn calories and fat throughout the day.

MixxedFit®

A people-inspired fitness program that combines explosive dance movement and boot camp toning.

RetroFit

This 45-minute muscle building class is perfect for beginners, seniors and intermediate exercisers. This class includes standing and floor work and may use body weight, hand weights, bands and balls. Light cardio bursts may also be included.

Step & Tone

This class consists of basic and advanced moves using a traditional aerobic step. It is designed for most fitness levels and consists of moderate to high impact cardiovascular movements. This class may include standing and floor work and may use body weight, hand weights, bands and balls.

Tai Chi

Based on an ancient Chinese discipline, this class consists of slow movements, gentle postures, deep breathing and relaxed minds and bodies. Perfect for all ages and skill levels, this class consists of standing and moving postures, but chairs will be available if needed.

Toning with Nikki

It's the best of both worlds. This class will combine hard-core muscle and strength building, but with light weights and higher reps all set to energetic music.

Total Body

This class concentrates on muscle-building techniques and activities for intermediate to advanced exercisers. It includes standing and floor work and may use body weight, hand weights, weighted bars, bands and balls. Light cardio bursts may also be included.

Yoga

These classes focus on improving balance and flexibility as well as assisting in stress reduction. May include standing and floor/mat work. For all levels.

Zumba®

These dynamic dance-based fitness programs fuse Latin rhythms with international music themes for high-energy, moderate intensity cardio workouts.

> Group exercise classes are \$4/day (or facility pass). For more information: Allison Davidson 615-895-5040 adavidson@murfreesborotn.gov

Pickleball

This fun sport combines many elements of tennis, badminton and ping-pong. The rules are simple and easy for beginners to learn, but the games can become fast-paced and competitive for experienced players.

Ages: Adults

Location, Sports*Com

Days & Tuesdays from 8:30 am-3:00 pm Times: Thursdays from 12:00-3:00 pm

Patterson Community Center Mondays from 6:00 am-12:00 pm Wednesdays from 6:00 am-3:00 pm Fridays from 6:00 am-12:00 pm

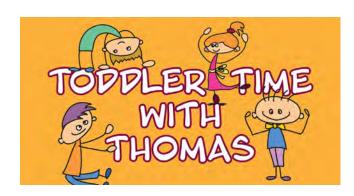
McFadden

Monday-Friday from 9:00 am-1:00 pm

Fee: Facility Pass

\$4 Adults/\$3 Youth, Seniors & Military





Toddler Time with Thomas

Little kids love to play, and that's what they do while learning to wait their turn, follow directions and work together to accomplish simple goals. The focus is on body part recognition, cognitive skill development and, of course, FUN.

Ages: 5 and under
Dates: Fridays
Time: 10:00 am
Location: Sports*Com
Fee: \$3 per visit

Contact: Sports*Com, 615-895-5040

Yoga at the Island

Yoga is a great way to wind down, especially outdoors in nature. We will meet at the beautiful Gateway Island. Yoga focuses on improving your balance and flexibility, while at the same time reducing stress. For beginning and intermediate levels.

Ages: 13+

Dates: Saturdays, July 18 & August 1

Time: 9:00 am Fee: Free

Location: Gateway Island **Contact:** Becki Johnson

bjohnson@murfreesborotn.gov



MOVIES UNDER the

FREE! Movies begin at 8:30 pm.

Mondays @ Barfield Crescent Park Thursdays @ Richard Siegel Neighborhood Park Fridays @ Cason Lane Trailhead · Saturdays @ Fountains at Gateway







DONTHISS

Week of













No movie on July 4. No concessions available to purchase. Please bring your own snacks.

DOUBLE

Grab your blankets or lawn chairs, pack some snacks and head out for a summer of unforgettable evenings with Movies Under the Stars.



The City of Murfreesboro does not exclude anyone from participation, nor deny the benefits of, or otherwise subject to discrimination on the basis of race, national origin, color, age, or disability. Any complaint alleging discrimination may be filed with the City Manager of the City of Murfreesboro. It is the goal of Murfreesboro Parks and Recreation Department to make its programs and facilities available to the public. If you, or someone you know, has a disabling condition and would like more information about accessibility of programs or facilities, please call the main office of the Murfreesboro Parks and Recreation Department at 615-890-5333 or TDD 615-849-2689. Any city resident needing financial assistance to participate in any activity may contact the main office of the Murfreesboro Parks and Recreation Department located at 697 Veterans Parkway to receive a copy of its financial assistance policy.



The City of Murfreesboro will present our annual fireworks display from a new location this year to celebrate Independence Day on July 4. Although there will be no official venue with games, music or food, there will be virtual activities leading up to the show.

Location: Medical Center Pkwy area

Parking: Several businesses have indicated their parking lot would be open that night for viewing the fireworks display. More details to follow. Please be respectful and leave your area clean when you leave.

To bring the community together virtually, local radio station WGNS (the "Good Neighbor Station") is providing music and surprise guest appearances on air culminating in a patriotic medley to accompany the fireworks display.

Tune in together, whether from you car, computer or cell phone.

WGNS may be found at AM 1450, FM 100.5, and FM 101.9 on the radio. Listeners can also stream the show from anywhere at www. WGNSradio.com.

The fireworks display by Pyro Shows will light up the sky at 9 p.m. Families are encouraged to bring picnic baskets, lawn chairs, and blankets to view the show

For those unable to see the fireworks in person, ABC News Channel 2 will broadcast the display.

Sponsors of the event include the City of Murfreesboro, Murfreesboro Parks and Recreation, Murfreesboro Police Department, and Murfreesboro Fire and Rescue Department, and WGNS Radio.